

Essentials

- Address list and list of important contacts or numbers
- Backpack, suitcase, sports bag (something to pack everything in)
- Paper or Notebook
- Passport (check validity!)
- Pencils, Pens
- Tickets and itinerary (airline, train, bus etc.)
- Visa

Finances

- ATM card (Maestro or Cirrus logos on the back are most widely accepted)
- Calculator or currency converter
- Cash in the local currency of your arrival destination
- Credit card (Visa or Mastercard are most widely accepted)
- Money belt (You can't be too safe in some places)
- Sufficient Travellers' cheques (and receipts for travellers' cheques)

Clothes

- Boots
- Bra (sports and regular)
- Dress shirts
- Dresses
- Jacket
- Jeans
- Jumper, Sweater or Fleece
- Light jacket
- Long or thermal underwear
- Long sleeve shirts
- Pants or trousers
- Pyjamas/Sleepwear (Tip from a member)
- Sandals, shower shoes, thongs or jandals
- Sarong or Lava lava
- Shoes
- Shorts
- Ski clothes
- Skirts
- Sneakers
- Socks
- Suits
- Swimming gear
- T-shirts, singlets
- Underwear

Clothes Accessories

- A good hat
- Bandana
- Cotton handkerchief or tissues
- Eye-mask
- Gloves or mittens
- Jewelry
- Knitted (woollen) hat
- Raincoat or poncho
- Safety Pins
- Scarf
- Sewing kit
- Ski glasses
- Suit bag
- Sunglasses
- Ties

Toiletries

- Anti-bacterial cream
- Comb or Brush
- Condoms or Contraceptive Pills
- Contact lens equipment or Glasses
- Cotton buds
- Dental floss (also great for fixing things!)
- Deodorant
- Earplugs
- Fingernail clippers
- Hair products (gel, spray etc.)
- Lip balm
- Make-up
- Mirror
- Moisturiser (face and body)
- Nail file
- Razors
- Shampoo and Conditioner
- Shaving Cream
- Sleeping pills
- Soap
- Sunscreen and After sun cream
- Talcum/Baby Powder
- Tampons and Pads
- Toothbrush, Toothpaste

Useful against prickley heat, in shoes, on sticky zippers and more (tip from a member)

First Aid Kit

- Band aids
- Compression bandages
- Diarrhoea tablets
- Gazes
- Insect and/or mosquito repellent
- Iodine/Hydrogen peroxide
- Medicines/Prescription Drugs
- Motion Sickness Tablets
- Paracetamol, Tylenol etc.
- Replacement/Rehydration salts sachets
- Small scissors
- Tweezers
- Vitamin pills
- Water purifying tablets

(Tip from a member)

Other Items

- Backpack rain cover
- Batteries
- Books
- Bottled water
- Camera, film and batteries
- Carbohydrate snacks
- Chewing gum or mints
- Combo or key locks
- Compass
- Cup
- Diary or Organiser
- Duct Tape
- Eating utensils
- Electrical adapter and plug converter
- Fishing Line
- Flashlight or torch
- Forum suggestions!
- Frisbee, hackey sack, ball, pack of cards or other recreational items

Spare flash cards or memory for digital

Especially if you are flying chewing something will help your ears

Fixes everything! (Tip from a member)

Strongest string in the world! (Tip from a member)

Don't forget the batteries

See [What would you pack?](#)

Gifts are always appreciated while travelling	(Tip from a member)
Guidebooks	
Inflatable travel pillow	
International driving license	If driving overseas, have your driving license translated
International Student Identification Card	For discounts worldwide
iPod, MP3 player, Discman etc.	Including music and batteries
Laptop	Especially for the business travellers
Laundry detergent	
Maps (incl. small map of the world to show where you are from)	(Tip from a member)
Mini camera tripod	Big is better if you have the space!
Mobile phone or SIM card	
Mosquito net	
Passport Photos	
Phone card	Both for local and international calls
Photocopies of important documents in case they are stolen	(Tip from a member)
Phrase books or Dictionaries	
Pillow or Pillowcase to stuff with clothes	
Plastic bags	
Recharger for electrical items	Save some money on batteries
Resume and Work references	Don't forget these if you are planning to work while travelling
Skis, ski shoes, ski poles or a snowboard	If you are planning a winter holiday, you want to remember these!
Sleep sheet	
Sleeping bag	
Sleeping mat	
Swiss Army knife or Leatherman tool	Don't keep in your carry on as it will be removed
Toilet paper	(Tip from a member)
Towels	Beach and otherwise - the quick drying versions are very handy!
Travel alarm clock	
Universal Sink Plug	Squash ball can double as one (tip from a member)
Walkman speakers	
Watch	
Wet wipes/Baby wipes	Handy for cleaning hands or washing yourself in absense of a shower (tip from a member)
Ziplock bags	The freezer ones are usually the best